WHERE TO FIND TODAY'S SENIOR MAGAZINE

The North State Edition of Today's Senior Magazine is distributed throughout the **North Sacramento Valley** communities of Redding, City Of Lake Shasta, Palo Cedro, Anderson, Red Bluff, Corning, Orland, Chico, Paradise, Magalia, Oroville, Marysville, Live Oak, Gridley, Yuba City, Wheatland, Lincoln, Roseville, Auburn, Rocklin, Grass Valley, **Sacramento Area** communities of Rancho Murieta, Citrus Heights, Carmichael, Gold River and Granite Bay, and in **North Coast** communities of Fortuna, Eureka, Arcata, McKinleyville, Trinidad and Crescent City.

You can find us in local senior centers, retirement homes, restaurants, hospitals, casinos, retirement communities, banks, retail stores, assisted living locations, doctors and dental offices, and other locations that have a high concentration of senior customers or residences.

SAMPLE OF NORTH COAST DISTRIBUTION

ARCATA

Wildberries Arcata Senior Dining Shaw's Medical Oriental Buffet McDonald's Carl's Jr Mad River RV Adriana's Restaurant Sunny Brae Animal Clinic Murphy's Market Sunny Brae The Coffee Break Internet Café Sunny Brae Ace Hardware Sunny Brae Laundromat Companion Animal Foundation **Greenview Market** Town & Country Mobile Home

MCKINLEYVILLE

Denny's Restaurant
Les Schawb Tire
McDonald's
Burger King
Carmela's Mexican Rest.
Azalea Senior Center
McKinleyville Launderette
McKinleyville Library
Ramone's Bakery
Cloney's Pharmacy
Figueiredo's Video
Round Table Pizza
Case & Frank Liquor

TRINIDAD

Cher-Ae Heights Casino Murphy's Market The Lighthouse Restaurant Azalea Glen RV Park

SAMOA

Samoa Cookhouse

BLUE LAKE

Blue Lake Casino & Hotel

FORTUNA

Bear River Casino & Hotel Bear River Gas Station Curves Redwood Memorial Hospital Public Library McDonald's Restaurant Ray's Food Center Best Western Fortuna Burger King Scotia Inn Comfort Inn Tom's Sourdough Papa Murphy's Redwood Café Fortuna Rec. & Wellness Ctr. **EPT Rehab** Meadows Sr. Village Umpqua Bank L's Kitchen Bank of America Bob's Footlong **US Bank** Newburg Retirement Peppers Restaurant **Emeritus At Sequoia Springs** Sushi Boat Buffet

EUREKA

Frye's Care Home Coast Central Shoreline RV Park The Launderette Eureka KOA Travelodge Red Lion Inn Clarion Hotel Best Western Carter House Comfort Inn McDonald's Restaurant Taco Bell Launder Land Carl's Jr North Coast Co-Op Les Schwab Tire The Village Pantry Applebee's Restaurant Chapala Mexican Rest. Dawg Restaurant Motel 6 Eureka Natural Foods Jack In The Box Senior Dining Marie Callender's Pierson Building Center St Joseph Hospital General Hospital Ramone's Bakery (2) Cash N Carry Burre Dental Paul's Live From NY Pizza

Granada Rehab Leon's Auto Care **Grocery Outlet** Sizzler Restaurant Burger King Kristina's Restaurant Denny's Restaurant St. Joseph Outpatient Imaging Redwood Family Practice Eureka Rehab Eureka Internal Medicine **EPT Physical Therapy** Redwood Urgent Care The Grind Café **Best Laundromat** Los Bagels **Delta Mattress** Bank of America Harper Motors Svc Dept Murphy's Market

Murphy's Market
Laundrette
Deo's Sandwich
Finn & Feathers
Health Sport
Rite Aid
Surfside Burger
Myrtle Market
The Meadows
Papa Murphy's
Round Table
Fresh Freeze
Farm Store
Hanger Café
Little Ceasar's
Vellutini Baking Co.

CRESCENT CITY

Rita's Restaurant (2)

Del Norte Tires Fisherman's Restaurant **Anchor Beach Hotel** Curley Redwood Lodge America's Best Value **Grocery Outlet** Quality Inn Apple Peddler Restaurant Crescent Animal Hospital Super 8 Motel Best Western Hotel Northwoods Restaurant Tri Counties Bank Chase Bank Bay View Inn Ocean View Inn Bank of America

Lighthouse Inn Rite Aid United Indian Health Good Harvest Restaurant Redwood Cove Sr. Apts Les Schwab Tire Del Norte Senior Center Burger King Restaurant Ace Hardware Sutter Coast Hospital Del Norte Healthcare Elk Valley Casino Lantern Health St. Vincent de Paul Pacific Vision Medical Crescent City Senior Apts Addie Meedom House

KLAMATH

Trees Of Mystery



We do our own distribution